

Birkwood Primary School **PSHE Curriculum Overview 2026/2027**

FS2	Me and my world	Celebrations	People who help us	Growing and changing	Around the world	All about Summer
	Autumn	Autumn	Spring	Spring	Summer	Summer
	• Blue learns to share • Blue's indoor voice • Orange feels worried • Pink goes to school • Pink misses mummy • Red needs the toilet	• Yellow learns about germs • Orange helps out • Pink is feeling sad • Orange brushes her teeth • Red's nut allergies • Rainbow feels angry	• Blue gets lost • Green stays in hospital • Red visits the dentist • Rainbow helps at home • Red's hearing aid • Green gets glasses	• Green's greens • Rainbow's food journey • Yellow play fights • Orange helps out • Purples pet birds	• Purple the passenger • Rainbow's day out • Purple is poorly • Purple watches the news • Blue explores road safety • Why does purple play differently? • Orange sleeps over	• Green is moving up a year • Rainbow visits the seaside • Yellow wants to play with orange • Yellow's bedtime • Pink's screen time • Red goes swimming RSE week (Summer 2)- Blue's best friend

Specific situations (when needed to adapt to cohort's needs)-

Green's daddy moves out

Orange moves out

Pink has a new brother

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	Keeping/Staying Safe Autumn	Keeping/Staying Healthy Autumn	Being Responsible Autumn	Feelings and Emotions Spring	Computer Safety Spring	Our World/ The Working World Spring	Hazard Watch Summer	A World Without Judgement Summer	Fire Safety/ First Aid Summer	Relationships (RSE Week Summer 2)
Year 1	Road Safety	Washing Hands	<i>Anti-Bullying (Relationships)</i> Water Spillage	Jealousy	Online Bullying	Growing in our world	Is it safe to eat or drink? <i>Rail Safety (Keeping/Staying Safe)</i>	Democracy	Hoax calling	Friendships PANTS Rule NSPCC
Year 2	Tying Shoelaces	Healthy Eating Brushing Teeth	Bullying (Relationships) Helping someone Practise makes perfect	Worry Anger	Image sharing	Living in our world Working in our world	Is it safe to play with? <i>Rail Safety (Keeping/Staying Safe)</i>	Individual Liberty Rule of Law	Petty arson	Body Language PANTS Rule NSPCC
Year 3	Leaning out of windows	Medicine	<i>Anti-Bullying (Relationships)</i> Stealing	Grief	Making friends online	Looking after our world	<i>Sun Safety (Keeping/Staying Safe)</i> <i>Rail Safety (Keeping/Staying Safe)</i>	Tolerance	Texting whilst driving <u>Fire service visit</u>	Touch

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Year 4	Cycle Safety	Healthy living	<i>Anti-Bullying (Relationships)</i> Coming home on time	Jealousy	Online bullying	Chores at home	Breaking down barriers <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Y4	Appropriate touch
Year 5	Peer Pressure	Smoking	<i>Anti-Bullying (Relationships)</i> Looking out for others	Anger	Image sharing	Enterprise	Inclusion & Acceptance <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Year 5	Puberty
Year 5/6	Water Safety	Smoking Year 6 ONLY- Drugs (Summer 2)	<i>Anti-Bullying (Relationships)</i> Stealing	Worry	Making friend online	In-App purchases	British Values <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Year 5 (Y5 only) First Aid Year 6 (Y6 only)	Year 5 - Puberty Year 6 ONLY – Conception
Year 6	Water Safety	Alcohol Drugs (Summer 2)	<i>Anti-Bullying (Relationships)</i> Stealing	Worry	Making friends online	In-App purchases	British Values <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Year 6	Conception

Modules which are not supported by 1Decision materials.