

Birkwood Primary School

PSHE Curriculum Overview 2025/2026

	Keeping/Staying Safe Autumn	Keeping/Staying Healthy Autumn	Being Responsible Autumn	Feelings and Emotions Spring	Computer Safety Spring	Our World Spring	Hazard Watch Summer	Fire Safety Summer	Relationships (RSE Week Summer 2)
Year 1	Road Safety	Washing Hands	Anti-Bullying (Relationships) Water Spillage	Jealousy	Online Bullying	Growing in our world	Is it safe to eat or drink? Rail Safety (Keeping/Staying Safe)	Hoax calling	Friendships PANTS Rule NSPCC
Year 2	Tying Shoe Laces	Brushing Teeth Healthy Eating	Bullying (Relationships) Helping someone in need Practise makes perfect	Worry Anger	Image sharing Computer safety documentary	Living in our world Working in our world	Is it safe to play with? Rail Safety (Keeping/Staying Safe)	Texting whilst driving Petty arson	Body Language PANTS Rule NSPCC
Year 3	Staying Safe Leaning out of windows	Medicine	Anti-Bullying (Relationships) Stealing	Grief	Making friends online	Looking after our world	Sun Safety (Keeping/Staying Safe) Rail Safety (Keeping/Staying Safe)	Visiting the fire station	Touch

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Year 4	Cycle Safety	Healthy living	<i>Anti-Bullying (Relationships)</i> Coming home on time	Jealousy	Online bullying	Chores at home	Breaking down barriers <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Y4	Appropriate touch
Year 5	Peer Pressure	Smoking	<i>Anti-Bullying (Relationships)</i> Looking out for others	Anger	Image sharing	Enterprise	Inclusion & Acceptance <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Year 5	Puberty
Year 5/6	Water Safety	Smoking Year 6 ONLY- Drugs (Summer 2)	<i>Anti-Bullying (Relationships)</i> Stealing	Worry	Making friend online	In-App purchases	British Values <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Year 5 (Y5 only) First Aid Year 6 (Y6 only)	Year 5 - Puberty Year 6 ONLY – Conception
Year 6	Water Safety	Alcohol Drugs (Summer 2)	<i>Anti-Bullying (Relationships)</i> Stealing	Worry	Making friends online	In-App purchases	British Values <i>Rail Safety (Keeping/Staying Safe)</i>	First Aid Year 6	Conception

Modules which are not supported by 1Decision materials.