

RSE Week Overview (Not including Sex Education).

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Safe relationships						
		<p>To understand there are some situations where safe adults might need to see under a child's pants and touch their private parts. For example, helping someone keep clean in the bath. NSPCC Pants Rule</p> <p>To understand that sometimes a doctor or nurse, or other health professional might need to see or touch someone's private parts. In situations like these, their safe adults should always be with them and explain what's happening. NSPCC Pants Rule</p> <p>To identify different types of touch; and how touch can make people feel. NSPCC Pants Rule</p> <p>To describe the difference between happy surprises and secrets, and how to talk to someone when secrets are upsetting. NSPCC Pants Rule</p> <p>To know that surprises are usually happy events that are meant to be discovered. NSPCC Pants Rule</p> <p>Secrets are different from surprises, and are usually meant to keep something hidden or when someone has done something that</p>	<p>To identify what someone could do if they felt uncomfortable in a relationship.</p> <p>To understand that everyone has the right to protect their body against inappropriate and unwanted contact.</p> <p>To know about privacy and personal boundaries and what is appropriate in friendships and wider relationships. R22 KS2</p>	<p>To identify what someone could do if they felt uncomfortable in a relationship.</p> <p>To understand that everyone has the right to protect their body against inappropriate and unwanted contact.</p> <p>The 'United Nations Declaration of the Rights of the Child' has more information on what rights a child has.</p> <p>To know about privacy and personal boundaries and what is appropriate in friendships and wider relationships. R22 KS2</p>		

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			<p>they think is wrong. If children are told to keep quiet about something that upsets or worries them, they don't have to keep this secret, and can always tell a safe adult, just like Pantosaurus does. NSPCC Pants Rule</p> <p>To know that sometimes, safe adults touch children as a way of caring for them, like Dinodad's hug. These are safe touches- touches that are wanted, and are sometimes necessary, for example to keep someone clean, like washing a child in the bath. NSPCC Pants Rule</p> <p>To know that sometimes other people might try to touch children and sometimes that can feel nice/comfortable like holding hands with a friend, but sometimes it can feel not nice/uncomfortable like holding hands with someone unknown. NSPCC Pants Rule</p>				
Respecting self and others							
	<p>To know that we name our private body parts 'private'. NSPCC Pants Rule</p>	<p>To know that we name our private body parts 'private'. NSPCC Pants Rule</p> <p>To know the Underwear rules to keep themselves and</p>	<p>To know that we name our private body parts 'private'. NSPCC Pants Rule</p> <p>To know the Underwear rules to keep themselves and others safe. (Privates are private, Always</p>				

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	<p>To know that 'No' means no. NSPCC Pants Rule</p>	<p>others safe. (Privates are private, Always remember your body belongs to you, No means no, Talk about secrets that upset you and Speak up, someone can help). NSPCC Pants Rule</p> <p>To know that not everyone feels the same at the same time. H15</p> <p>To know when they are finding something difficult. H24</p> <p>To know how people make friends. R6</p> <p>To know some simple strategies to resolve arguments between friends positively. R8</p> <p>To know how and when a friendship could be making them feel unhappy. R9</p> <p>To know how to work and play cooperatively and take turns with different peers. R24</p>	<p>remember your body belongs to you, No means no, Talk about secrets that upset you and Speak up, someone can help). NSPCC Pants Rule</p> <p>To recognise and know about some different feelings that humans can experience. H11 / H12</p> <p>To know how feelings can affect people's bodies and how they behave. H13</p> <p>To know how to recognise what others might be feeling. H14</p> <p>To know that not everyone feels the same at the same time, or feels the same about the same things. H15</p> <p>To know a range of words to describe feelings. H16</p> <p>To know different strategies to manage big feelings. H18</p> <p>To know when they need help with their feelings. H19</p> <p>To know people who love and care for them and identify some ways they help them to feel cared for. R2</p>				
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		<p>To know what hurtful behaviour and bullying is. R11</p> <p>To know about what is kind and unkind behaviour. R21</p> <p>To know how to be polite and courteous, and how to show respect to others. R22</p> <p>To recognise the ways they are the same as, and different to, other people. L6</p>	<p>To know that they can tell someone if something about their family makes them unhappy or worried. R5</p> <p>To know about how people make friends and identify what makes a good friendship. R6</p> <p>To know different strategies to resolve arguments between friends positively. R8</p> <p>To know that bodies and feelings can be hurt by words and actions (online and offline). R10</p> <p>To know about what is kind and unkind behaviour (online and offline). R21</p> <p>To know about how to treat themselves and others with respect. R22</p> <p>To know how to listen to other people and play and work cooperatively. R24</p>				
Ourselves, growing and changing							
			<p>To be able to name and label private parts (nipple, vulva, vagina, bottom/ buttocks, testicle, penis). NSPCC Pants Rule</p>	<p>To identify different body parts that boys and girls have and understand that these body parts are called our private parts.</p>		<p>To identify the external genitalia and internal reproductive organs in males and females. H30 KS2</p>	<p>To know about where to get more information, help and advice about growing and changing as I grow older. H34 KS2</p>

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			<p>To know the scientific words for private parts and some of them are genitals. NSPCC Pants Rule</p> <p>To understand that ‘Vulva’ refers to external body parts (parts outside the body) and ‘vagina’ is an internal part (or part inside the body). NSPCC Pants Rule</p>	<p>To understand all humans have private parts and it is important that we respect each other’s privacy.</p> <p>To know that parts of the body which are covered by underwear are private.</p> <p>To know the names of the main parts of the body including external genitalia. H25 KS1</p> <p>To know that some things are private and the importance of respecting privacy and that parts of their body covered by underwear are private. R13 KS1</p>		<p>To know that for some people gender identity does not correspond with their biological sex. H26 KS2 To know that we live in a world where a person has the freedom to decide what gender they identify with and they may not want to call themselves a male or female. The law allows people to choose for themselves.</p> <p>To know about the physical and emotional changes that happen when approaching and during puberty. H31 KS2 (including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections, wet dreams, release of eggs from the ovaries, production of semen/sperm and discharge).</p> <p>To know about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene. H32 KS2</p> <p>To know about where to get more information, help and advice about growing and changing, especially about puberty. H34 KS2</p>	
Sex Education:							
	N/A	N/A	N/A	N/A	N/A	See Additional Sex Education Content Overview	See Additional Sex Education Content Overview