

Birkwood Primary School
Skills Progression

Invasion Games						
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> • To develop balance, agility and Co-ordination. • To explore basic sending and receiving skills. • To use ball skills in game-based activities. 	<ul style="list-style-type: none"> • To master basic passing and receiving techniques. • To master basic sending and receiving skills. • To develop balance, agility and co-ordination. • To master basic sending and receiving as well as developing balance agility and co-ordination. • To make use of co-ordination, accuracy and weight transfer. • To develop receiving skills. • To use ball skills in game-based activities. 	<ul style="list-style-type: none"> • To use hand-eye co-ordination to control a ball. • To catch a variety of objects. • To vary types of throws. • To kick and move with a ball. • To develop catching and dribbling skills. • To use ball skills in a carousel style. • To decide on the best position to stand in when attacking and defending. • To follow rules of the chosen sport. 	<ul style="list-style-type: none"> • To be aware of others when playing games. • To choose the correct skills to meet a challenge. • To perform a range of actions, maintaining control of the ball. • To perform a range of catching and gathering skills with control. • To master the basic catching technique. • To catch with increasing control and accuracy. • To master the basic throwing technique. • To throw and hit a ball in different ways (e.g. high, low, fast or slow). • To apply skills and tactics in small-sided games. • To identify and follow the rules of games. • To choose and use simple tactics to suit different situations. • To throw and catch a ball under pressure. 	<ul style="list-style-type: none"> • To keep possession of the ball. • To use ABC (agility, balance, co-ordination) techniques to keep control of a ball in a competitive situation. • To use accurate passing and dribbling in a game. • To identify and apply ways to move the ball towards an opponent's goal. • To learn concepts of attack and defence. • To play in a mini competition. • To improve accuracy of kicking/ hitting a ball towards a target. 	<ul style="list-style-type: none"> • To demonstrate basic passing and receiving skills using a ball. • To develop an understanding and knowledge of the basic footwork rule of netball/ basketball. • To use good hand/eye co-ordination to pass and receive a ball successfully. • To develop skills in the range of passes – chest pass, overhead pass, bounce pass and to understand which pass to use depending on the distance the ball needs to travel. • To understand the Importance of 'finding space' in order to receive a pass. • To understand how to make space by moving away and coming back and by dodging. • To be able to demonstrate a range of defending skills and understand how to mark an opponent. • To understand how to intercept a pass. • To learn how to shoot/score. • To understand the different positions in different sports. • To recognise which positions are attacking and which are defending. 	<ul style="list-style-type: none"> • To understand the basic rules of sports. • To work as a team, using ball-handling skills. • To pass and carry a ball using balance and co-ordination. • To use skills learned to play a game. • To apply rules and skills learned to a game. • To play in a mini competition. • To discuss team tactics and use a plan of action. • To peer assess performance.