

Birkwood Primary School  
Skills Progression

Dance						
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> <li>• To use a variety of moves that change speed and direction.</li> <li>• To use a variety of Moves.</li> <li>• To change direction during travelling moves.</li> <li>• To move using a variety of tempos.</li> </ul>	<ul style="list-style-type: none"> <li>• To change direction during travelling moves.</li> <li>• To link moves together.</li> <li>• To explore basic body patterns and movements to music.</li> <li>• Link together dance moves with gestures and changing direction in time to music.</li> <li>• To practice taking off from different positions.</li> </ul>	<ul style="list-style-type: none"> <li>• To explore different levels and speeds of movement.</li> <li>• To compose and perform simple dance phrases.</li> <li>• To show contrasts in simple dances with good body shape and position.</li> <li>• To work to music, creating movements that show rhythm and control.</li> <li>• To remember a dance and repeat the sequence.</li> </ul>	<ul style="list-style-type: none"> <li>• To explore dance movements and create patterns of movement.</li> <li>• To work with a partner to create dance patterns.</li> <li>• To perform a dance with rhythm and expression.</li> <li>• To use knowledge of dance to create a story in small groups.</li> <li>• To develop precision of movement.</li> <li>• To work co-operatively with a group to create a dance piece.</li> <li>• To perform in front of others with confidence</li> </ul>	<ul style="list-style-type: none"> <li>• To practice the patterns and actions of chosen dance style.</li> <li>• To demonstrate an awareness of the music's rhythm and phrasing when improvising.</li> <li>• To create an individual dance that reflects the chosen dancing style.</li> <li>• To create partnered dances that reflect the dancing style and apply the key components of dance.</li> <li>• To perform dance using a range of movement patterns.</li> <li>• To perform and evaluate dances.</li> </ul>	<ul style="list-style-type: none"> <li>• To identify and practice the patterns and actions of the chosen dance style.</li> <li>• To demonstrate an awareness of the music's rhythm and phrasing when improvising.</li> <li>• To create and perform an individual dance that reflects the chosen dance style.</li> <li>• To create partnered dances that reflect the chosen dancing style and apply the key components of dance.</li> <li>• To create group dances that reflect the dance style.</li> <li>• To perform a dance using a range of movement patterns.</li> <li>• To perform and evaluate own and others' work.</li> </ul>	<ul style="list-style-type: none"> <li>• To demonstrate an awareness of the music's rhythm and phrasing when improvising.</li> <li>• To create a dance that represents a street dance style.</li> <li>• To create a dance as a group, using any street dance moves.</li> <li>• To create a dance as a group, using any street dance moves.</li> <li>• To perform and analyse own and others' performance.</li> </ul>