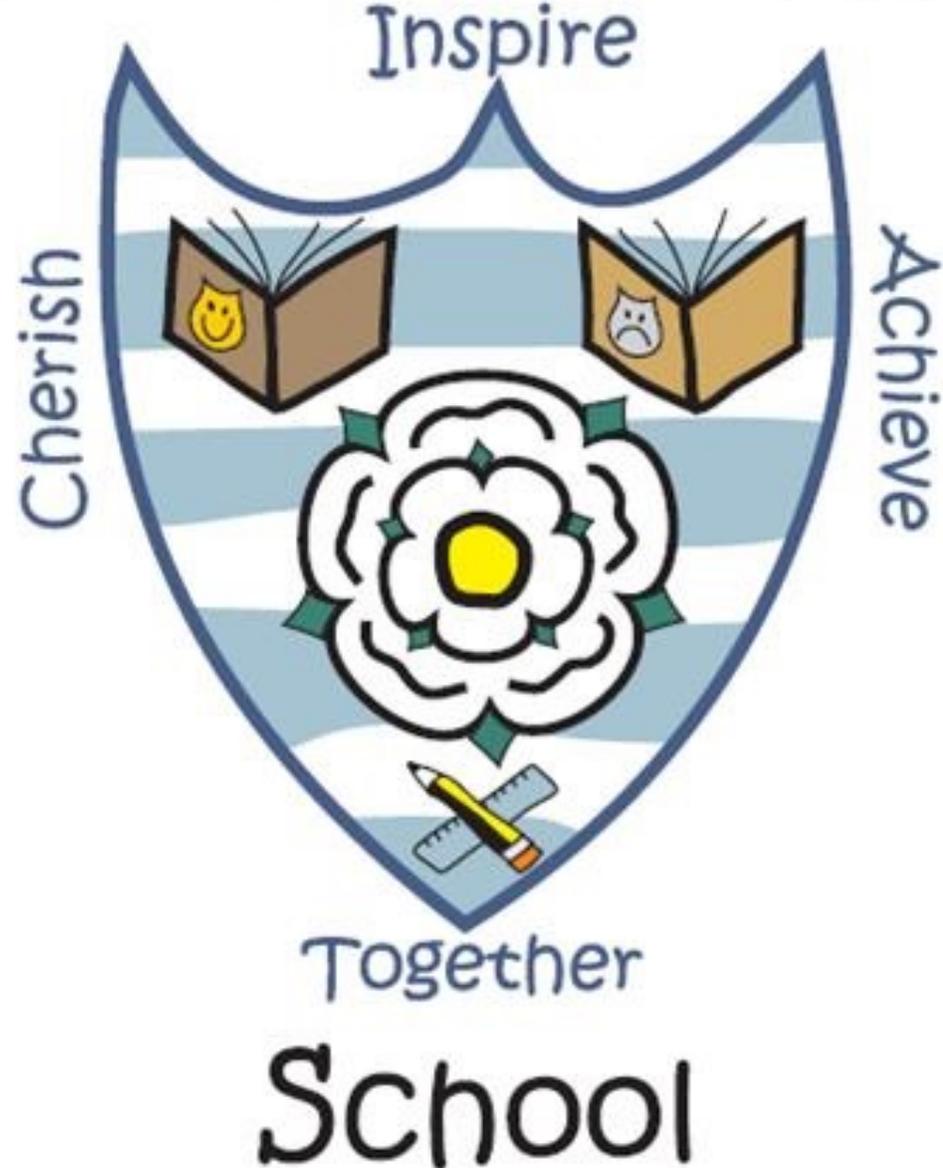


# Birkwood Primary



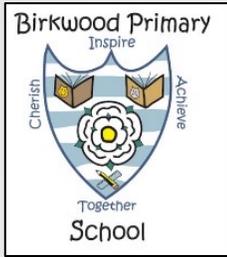
## Relationships, Sex and Health Education

**at Birkwood Primary School**  
Parent Engagement Meeting  
Thursday 20th May 2021



# Ground rules

- Engagement
- Sensitive
- Different views, beliefs and opinions
- Respect



# Aims

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Background

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Summary new DfE Guidance

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Local considerations / context

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Personalised curriculum – update on staff consultation

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Personalised curriculum – update on school council consultation

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Personalised curriculum – update on school governors

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Opportunity to view curriculum

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Opportunity to view policy

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Opportunity to look at books

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Discussion - opportunity to offer feedback

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Discussion - opportunity to make suggestions

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Right to withdraw

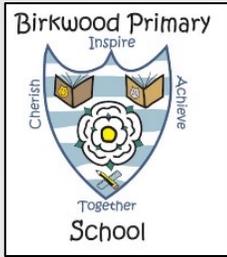
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Feedback / Evaluation forms



## Research

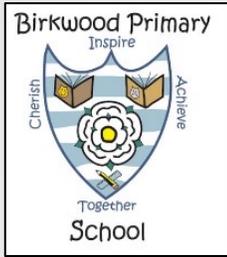
- DfE
- PSHE Association
- Healthy Schools
- Family Planning Association
- Church of England RSE
- Catholic Education RSE
- Barnsley PSHE Network
- Collaboration with cluster schools
- Training
- Webinars



## What is RSHE?

*“The focus in primary schools should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.”*

DfE 2019



## DfE Guidance

*“Where a maintained primary school chooses to teach aspects of sex education (which go beyond the national curriculum for science), the school must set this out in their policy and all schools should consult with parents on what is to be covered.”*

DfE 2019



# Why the changes – new statutory guidance

- The previous government guidance - 2000
- Increased concerns including obesity, teenage pregnancy, emotional health and safeguarding
- Increased understanding of links between wellbeing and attainment – a healthy community learns well
- So much has changed since 2000 – rise of the smartphone and social media
- Safeguarding - schools have duties in relation to promoting pupil wellbeing and pupil safeguarding

(Children Act 2004 & Education Act 2006)



# Considerations within locality

- Numbers of looked after children
- Family break ups / complex families
- Pupil premium
- Inclusion of SEN
- Use of and exposure of technology / access mobile phones / social media / image
- Oral health
- Teenage pregnancy



# Policy - Context for Learning

At Birkwood Primary School we teach relationship, health and sex education in the context of our school's aims, vision and values of **Inspire, Cherish and Achieve Together**. All RHSE lessons are taught in mixed gender groups. In particular, we teach relationship and sex education in the belief that:



- It relates to our school values by learning respect, love and care for one another.
- It should be taught in the context of stable, loving relationships.
- It is important to build positive relationships with others involving trust and respect.
- It is part of a wider social, personal, spiritual and moral education process.
- Children should be taught to have respect for their own and others' bodies.
- Children should learn the importance of self-control in an age-appropriate way.
- We have respect for the backgrounds and beliefs of all children and their parents and carers.
- Children should learn about their responsibilities to others and be aware of the consequences.
- It provides children with adequate knowledge of the Law.
- Lessons take place with clear ground rules in a safety netted classroom.
- Children should feel confident and safe to ask questions or discuss their worries about sexual matters including the opportunity for anonymity.
- Children are asked to respect views shared within the safety of the classroom and not to share information with younger pupils.
- It is encouraged for children to share their learning with adults at home.



# Engaging all stakeholders

➔ Children

➔ Staff

➔ Governors



# Our children said...

Not smoking when you grow up and the affect it has on your lungs

About drink and mucky beer and the affect it can have

Having different families including when families split

Online Safety eg: age restrictions, scams, gaming, apps, imposters & don't use your real name online!

Don't let people touch your body inappropriately 'pants rule' NSPCC

Culture and diversity within the community. Teach about different cultures

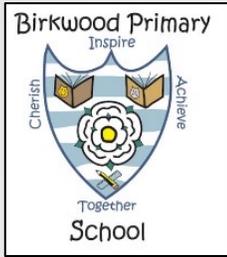
Don't do drugs

Bereavement and grief

Don't go with strangers

How to cross the road safely

Being different isn't bad. You can be different and to respect that



**Respect**

**Differences in people**

**Differences in families**

**Understanding of diversity – racial/faith/lifestyle**

**Appropriate language for diversity**

**Celebrating relationships**

**Positive role models**

**What positive relationships look like**

**Healthy relationships eg: Friends / Parents / Carers**

**What healthy relationships look like (may look different)**

**Diverse relationships**

**Domestic Abuse**

**Home/School Values**

**Manners**

**Rights**



## Our governors said...

- ✓ Our children are already responsible young citizens eg: Macmillan Coffee Days, Birkwood Brass and how they are polite and respectful
- ✓ Important to instill in children the right values of kindness, respect and gratitude
- ✓ Fundamental values of care and love for each other within a stable relationship underpin the curriculum
- ✓ Consider and respect different faiths within the community
- ✓ Teach respect towards different faiths and beliefs eg: around sex before marriage



# How do we teach RSHE?

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Within a 'safety netted classroom'

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Children feel safe to ask questions

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Strong PSED in EYFS

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Age appropriate, timely, in context

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Interactive, relevant, sensitive

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Mirroring our community

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Staff knowing their children well

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Use of high-quality books and resources



# Statutory Content

“It is important that the transition phase before moving to secondary school supports pupils’ ongoing emotional and physical development effectively. The Department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born. As well as consulting parents more generally about the school’s overall policy, primary schools should consult parents before the final year of primary school about the detailed content of what will be taught. This process should include offering parents support in talking to their children about sex education and how to link this with what is being taught in school. These objectives will require a graduated, age-appropriate programme of sex education. Teaching needs to take account of the developmental differences of children.”

DfE Guidance



## Statutory Content includes:

- ✓ Wellbeing
- ✓ Relationships Education
- ✓ Science
- ✓ Religious Education



# Resources considered





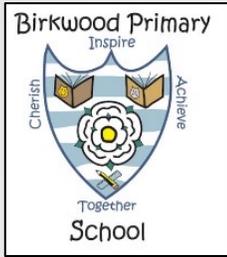
# Books

- ✓ Reinforce that sex is part of a loving and committed relationship
- ✓ Encourage body confidence and individuality
- ✓ Inform about changes mentally and physically
- ✓ Address the media the effect that it can have on children and young people



# Further information for parents/carers

- Parent leaflet (see sample material)
- .gov.uk
- NSPCC
- NHS
- BMBC
- National Children's Bureau / Sex Education Forum



# Opportunity to view resources, curriculum, vocabulary and policy

Books	Curriculum / Vocabulary / Policy
KS1	Parent Information Leaflet
Years 3 & 4	Feedback slips
Years 5 & 6	Book reviews



Does the content inform children correctly whilst protecting innocence?



# Discussion / Suggestions





# Right to withdraw





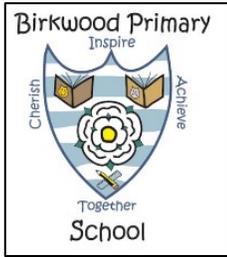
# Feedback Forms



Thank you!

Any questions?





# Websites

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

<https://www.gov.uk/government/publications/citizenship-programmes-of-study-for-key-stages-1-and-2>

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

<https://www.bbc.co.uk/bitesize/subjects/z7f3cdm>

<https://www.churchofengland.org/more/education-and-schools/church-schools-and-academies/relationships-sex-and-health-education>

<https://www.catholiceducation.org.uk/schools/relationships-ip-sex-education>