



Year 5/6 Classes



This term our topic is 'The Olympics'. As with last term, in this pack you will find a knowledge organiser that contains: links to useful websites, essential knowledge and key vocabulary.

Below are some ideas of activities linked to your new topic.

English

- You have everything that it takes to become an Olympic Athlete and you have trained so, so hard. Unfortunately, you cannot afford to travel to China and compete. As modern-day athletes do, could you write a persuasive letter to a potential sponsor asking them to sponsor your travel.
- The Olympics were started in honour of Zeus, the leader of the Greek Gods, could you create an information page, fact file all about his importance to the Ancient Greeks.
- Create a poster to entice fellow Greeks to watch the very first Olympic Games. Tell them what it is and what events they will see. How could you persuade them?

History

- Who were the Ancient Greeks? Create a mind map of all of your research as this will help you to understand more about why the Olympics began.
- Create a timeline of Olympics from the Early 1900s. Could you identify where they were held and give a brief explanation of key events. There are lots of examples on the internet.
- When was the first ever Olympics held? Create an information page that tells us: Where they were held, why they were held, what events did they have and who took part.
- Alexander the Great is a very important figure in Greek history and his impact on the Empire was significant. Could you research his story and create a story board about the expansion of his Empire.
- Greece was divided into two city states- Athens and Sparta- and each had their own laws and armies. Could you find out more about the similarities and differences of the two using a comparison table?

Geography

- The Olympics derived from the Ancient Greeks. Could you research where Greece is in the world, identify their capital city and could you tell me of any landmarks that still stand there today?
- WINTER OLYMPICS. Identify some countries that have hosted the Winter Olympics. Look at the events and identify what the climate must be like in order to host these events. Once you have done this, using an online map, considering climate, could you suggest any other countries that may be able to host the winter Olympics in the future?

Science

- Food Groups. We know that athletes must stay healthy and fit in order to compete at the highest level. Could you research and identify the diet of an Olympian of your choice. The diets do differ from sport to sport. Consider their intake of: carbohydrates, fats, proteins, fibre and water.
- Could you create a daily menu for your chosen athlete with the right amount of nutrition?
- Use your athlete to create a poster about the positive effects of a balanced diet and exercise.

Art and Design

- Using a range of materials, could you recreate a piece of Ancient Greek pottery. You will find they had very distinctive patterns. (Pottery HD on tablet and iPad would be an IT option)
- Could you create an outfit for an Olympic runner? Consider the lightweight but durable materials that they use and the colours of their country? It would be good to see the designs on Twitter.

Have fun exploring this topic and don't forget to share any of your work on Twitter!

Mr Markham, Year 5 Leopards